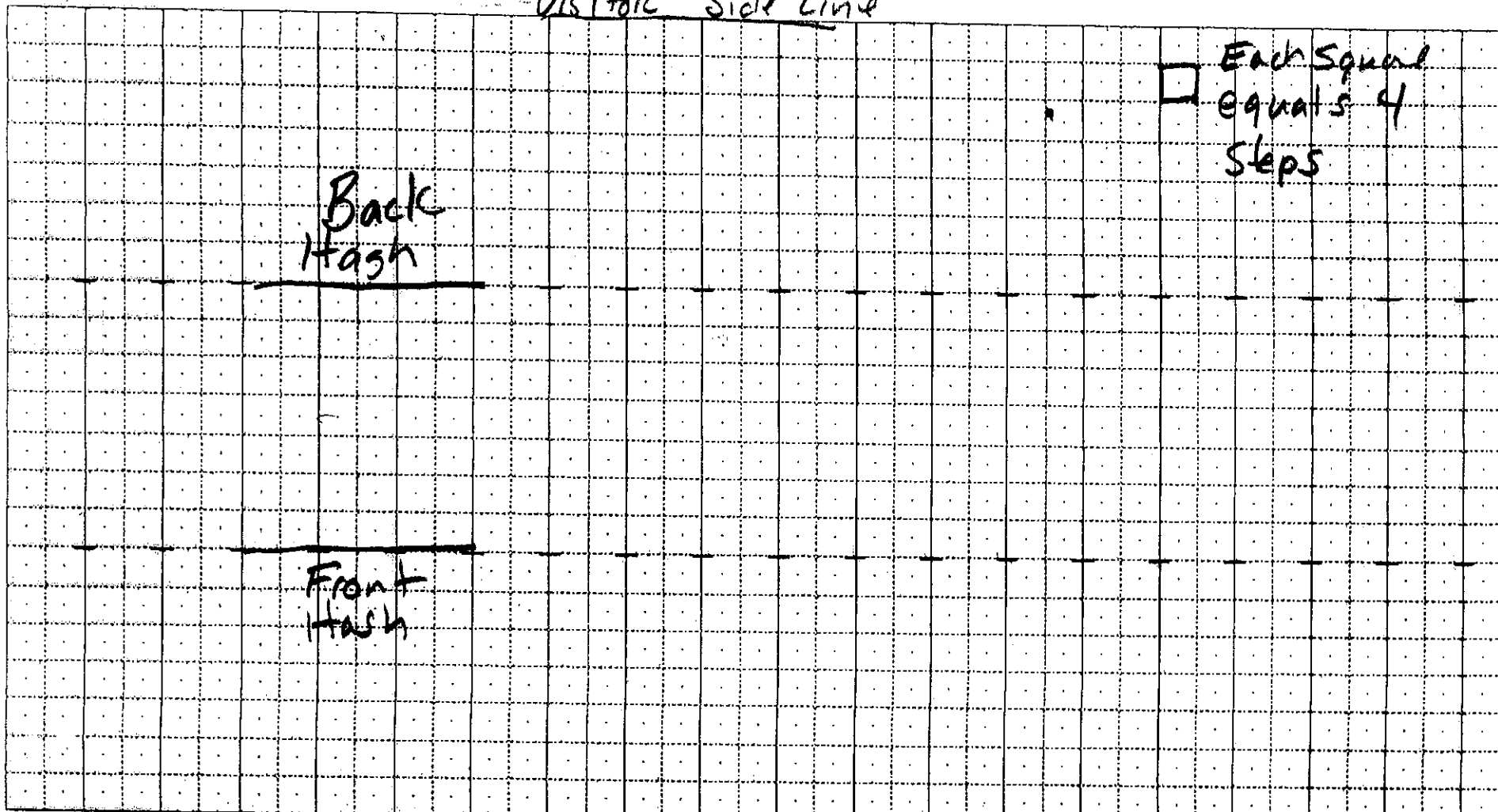


Visitor Side Line



Back Hash

Front Hash

5 10 15 20 25 30 35 40 45 50 45 40 35 30 25 20 15 10 5

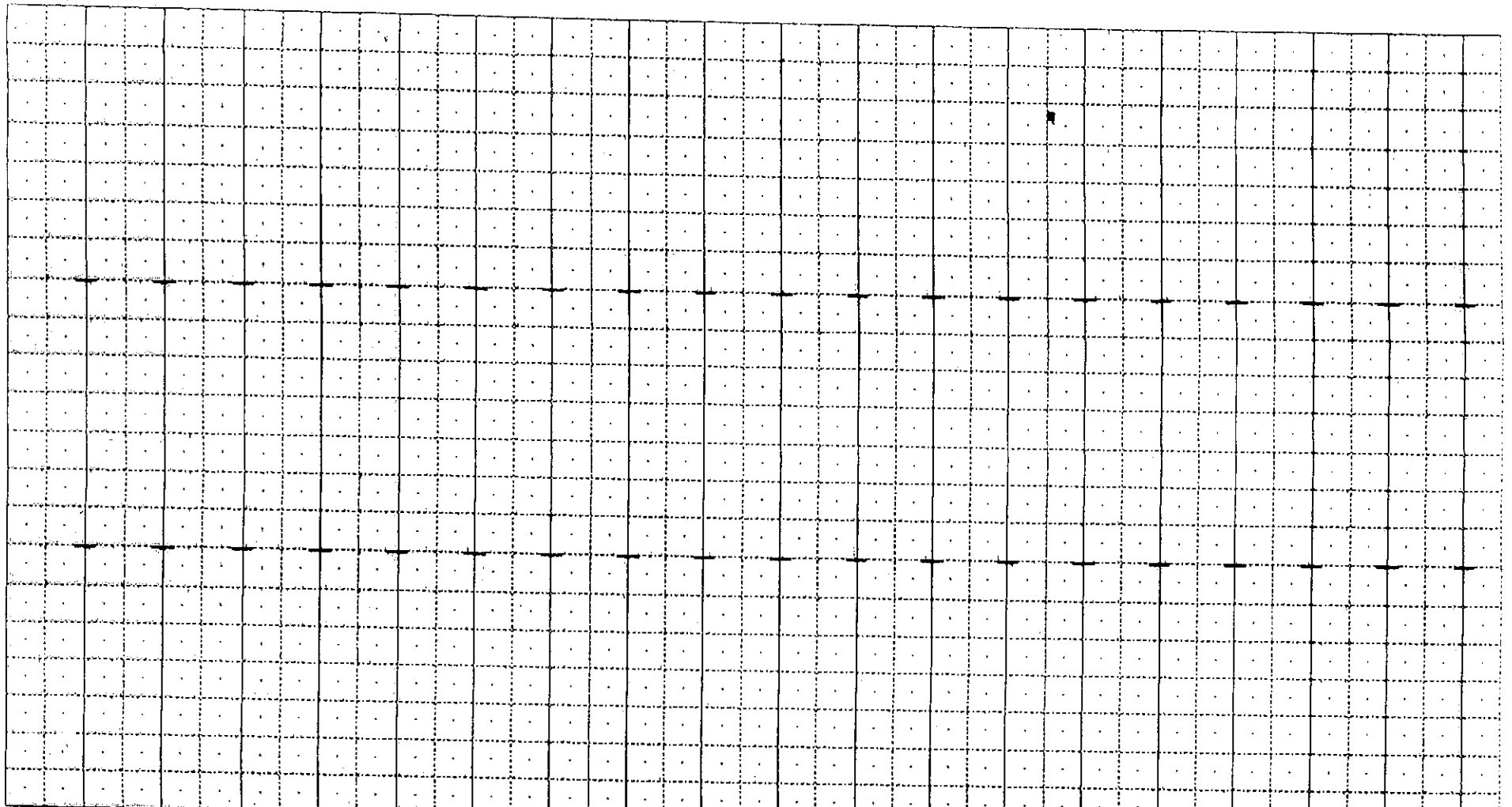
Home Side Line

Page #1 -  
 Primary Count = 0  
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This drill did not use sidelines in its directions  
 Everything was done from the Hash i.e. 14.0 steps behind, FH  
 (Front Hash)

Front

KINGSFORD HIGH SCH

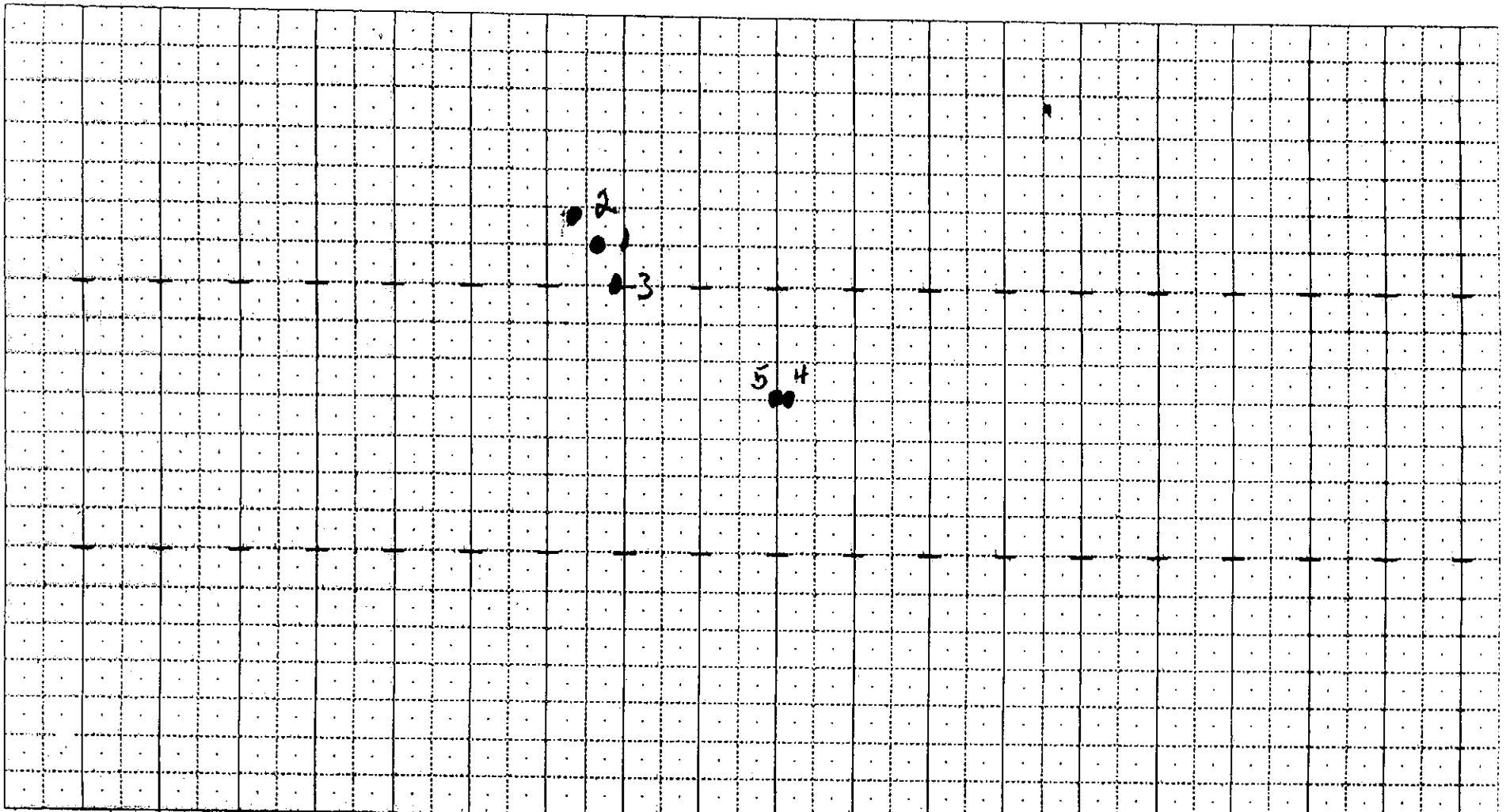


Page #1 -  
 Primary Count = 0

### Practice Drill

- 1 S1 2.5 Steps Outside 40 YL
- 2 S1 3.0 Steps Inside 35 YL
- 3 S1 1.5 Steps Outside 40 YL
- 4 S2 1.0 Steps Outside 50 YL
- 5 ON 50 YL

- 4.0 Steps behind BH
- 7.5 Steps behind BH
- ON BH
- 12.0 Steps in front of BH
- 12.0 Steps in front of BH



Page #1 -  
 Primary Count = 0  
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# Answers For Practice Drill

KINGSFORD HIGH SCH

Front